

# Home Group Study Guide



Sermon Title: "Its About Time"

## ICEBREAKER:

If I came to your house and looked in your closet, what would I see? Name one crazy thing that is currently in your closet.

It's ok for our closets to look a little crazy, but it's not ok for our lives to look this crazy.



## READ:

Take some time to discuss the four items you filled out on the "Seek First" card about TIME that you received on Sunday.

1. What do you need to add?
2. What do you need to subtract?
3. What do you need more of?
4. What do you need less of?

Have someone read Matthew 6:33

How does this verse speak into your life concerning time management?

Would you say that our culture has made our schedules full and fast paced (to an unbiblical level)?

Do you control your schedule or does it control you?

What are you trading all your time for? Is it worth it?

God actually commanded His people to take a day off!

Why would God command a day of rest? Isn't better to be productive?

Jesus actually tells us the Sabbath is a gift and that we should trust Him in that gift.

In Matthew 6:33 Jesus is saying that running after everything the world has to offer implicates that we don't trust God as our ultimate provider.

In what area in your life can you trust God more with your time?

Two things to think about to help us declutter our lives:

1. *Our time on earth is limited.*

If I told you that you only had six months left to live, would you spend your time differently?

What do you think you would change specifically?

Have someone read Psalm 90:12

The Bible actually tells us to number our days. What does that mean?

## 2. Be wise with your schedule

Have someone read Ephesians 5:15-16

When it comes to scheduling events, appointments, and activities, what do you ask yourself first: "Am I free/available?" or "Is this a wise thing to do?"

Why is the second question more important?

We must have the faith to the good things so that we can say yes to the best things! Your time is ultimately your life. If you are wasting your time, you are wasting your life. Jesus accomplished more than any other human in earth, yet He often carved out extended periods of time to spend time with His Father!

Let's follow Jesus example right now, and go to God in prayer.

PRAYER:



Spend some time in quiet prayer this week.

You may still take prayer requests and spend time praying for each of the requests. Write them down and send them to your Home Group later in the week.